



ABQ Elder Law, PC

Elder Law
 Probate
 Estate Planning
 Wills & Trusts
 Guardianships & Conservatorships
 Medicaid & VA Pension Planning

Lori L. Millet, J.D., LL.M.

Master of Laws in Elder Law

Office address

4004 Carlisle Blvd. NE, Suite L
 Albuquerque, New Mexico 87107

Mailing address:

3167 San Mateo NE, PMB # 289
 Albuquerque NM 87110
 Phone (505) 830-0202 Fax (505) 872-0229
 Email: lori@abqelderlaw.com
www.abqelderlaw.com

VA Healthcare Options

***NOTE:** Program availability is dependent upon funding from Congress. Not all programs are available in all areas at all times.*

PROGRAM	DESCRIPTION
Community Living Centers	F.k.a. nursing homes. Short and long term stay for medically stable veterans. Emphasis on de-institutionalization and home environment. Services provided include skilled nursing, rehabilitation, dementia care, and hospice. ⁱ
Community Nursing Home	Facilities in the community that contract with the VA to provide nursing home services. ⁱⁱ
State Veterans Homes	Provide nursing home, assisted living or adult day care. Owned and managed by state government. Each state has criteria for eligibility and admission. ⁱⁱⁱ
Adult Family Homes	A.k.a. “adult foster homes”. Private homes where veterans can rent a room. Trained caregivers 24 hours a day that provide assistance with activities of daily living. VA does not pay rent but may pay for additional services not provided by the home. ^{iv}
Assisted Living Facilities	Facilities where the veteran can rent a room or apartment. Rent is not paid by the VA but the VA may pay for some additional services not provided by the facility. ^v
Medical Foster Home	Private homes where trained caregivers on duty 24 hours a day provide care to a limited number of individuals, often mostly veterans. Homes subject to inspection and approval by the VA. Alternative to nursing home. Not provided or paid for by VA. ^{vi}
Adult Day Healthcare	For veterans who need skilled services and assistance with activities of daily living. Also provides social activities and recreation. Often used in conjunction with other HCBS. Some health services may be available. ^{vii}
Home Based Primary Care	PCP services provided in veteran’s home or medical foster home. Doctors, nurse practitioners, physician’s assistants visit the home in lieu of the veteran having to go to a clinic. Co pays may be applicable. Designed for veterans who need skilled care and assistance with activities of daily living and who have complex health care needs. Can be used in conjunction with other HCBS. ^{viii}
Homemaker and Home Health Aide	Aides supervised by a nurse who provide assistance with activities of daily living in veteran’s home. Can be used in conjunction with other HCBS. Agencies have contract with VA. ^{ix}
Hospice and Palliative Care	Provides treatment for pain and suffering in the home, community, outpatient or inpatient settings. Also provides grief counseling. ^x
Respite Care	Allows a veteran’s family caregiver respite. Provided through Home Health Aide, Adult Daycare or Community Living Center. May have co pays. ^{xi}
Skilled Home Health	Short term healthcare services available to homebound veterans or those who live

Care	long distances from VA Medical Centers. Care delivered by home health agency that has a contract with the VA. May be used in conjunction with other HCBS. May have a co pay. ^{xii}
Telehealth Care	Equipment provided to veteran in the home that allows doctor or nurse to monitor the veteran's medical condition (such as blood pressure, glucose and oxygen levels) remotely. Provider can check on veteran or give instructions by phone. Can be used in conjunction with other HCBS. Usually no co pay. ^{xiii}
Veteran Directed Care	Allows veteran to choose types of HCBS he wants. Provides skilled services and assistance with activities of daily living. No co pay. New program with limited availability. ^{xiv}

ⁱ Veterans Administration Community Living Centers, *available at* http://www.va.gov/GERIATRICS/Veterans_Administration_Community_Living_Centers.asp (last visited April 21, 2012)

ⁱⁱ Community Nursing Home, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Community_Nursing_Homes.asp (last visited April 21, 2012)

ⁱⁱⁱ State Veterans Homes, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/State_Veterans_Homes.asp (last visited April 21, 2012)

^{iv} Adult Family Homes, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Adult_Family_Homes.asp (last visited April 21, 2012)

^v Assisted Living Facilities, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Assisted_Living.asp (last visited April 21, 2012)

^{vi} Medical Foster Home, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Medical_Foster_Homes.asp (last visited April 21, 2012)

^{vii} Adult Day Healthcare, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Adult_Day_Health_Care.asp (last visited April 21, 2012)

^{viii} Home Based Primary Care, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Home_Based_Primary_Care.asp (last visited April 21, 2012)

^{ix} Homemaker and Home Health Aide, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Homemaker_and_Home_Health_Aide_Care.asp, (last visited April 21, 2012)

^x Hospice and Palliative Care, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Hospice_and_Palliative_Care.asp (last visited April 21, 2012)

^{xi} Respite Care, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Respite_Care.asp (last visited April 21, 2012)

^{xii} Skilled Home Health Care, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Skilled_Home_Health_Care.asp (last visited April 21, 2012)

^{xiii} Telehealth Care, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Telehealth_Care.asp (last visited April 21, 2012)

^{xiv} Veteran Directed Care, *available at* http://www.va.gov/GERIATRICS/Guide/LongTermCare/Veteran-Directed_Care.asp (last visited April 21, 2012)